

OUR EMERGENCY SUPPLY KIT



You will need to periodically go through your emergency supply kits to make sure the items in it are not outdated. ***Plan to go through your supply kits at least every six months.***

AT HOME

- Water** (3-5 day supply for each person)
- Non-perishable food** (3-5 day supply for each person)
- First aid kit**
- Emergency contact information**
- Money**
- Whistle**
- Personal hygiene items** (hand sanitizer/towelettes, toilet paper, feminine hygiene items, etc.)
- Extra clothing and bedding** (including shoes)
- Plates, cups, utensils and a non-electric can opener**
- Battery-operated flashlight**
- Portable, battery-operated radio/weather radio**
- Extra batteries for flashlight and radio**
- Medications** (at least one week's worth)
- Paperwork outlining current medications, dosages, and instructions**
- Copies of important documents** (driver's licenses, birth certificates, insurance policies, etc.)
- If you have infants** – formula, diapers, bottles and pacifiers
- If you have children** – books, toys, puzzles, games to occupy them for an extended period of time

FOR YOUR PET

- Pet carrier**
- Water** (3-5 day supply per pet)
- Food** (3-5 day supply per pet)
- Medications**
- Paperwork outlining current medications, dosages, and instructions**
- Copy of current vaccination record**
- Small toys** or items that may make your pet more comfortable in an unfamiliar setting



IN YOUR VEHICLE

- Flashlight(s) with extra batteries
- First aid kit with pocketknife
- Medications
- Paperwork outlining current medications, dosages, and instructions
- Blankets and/or sleeping bags
- Plastic bags, moist towelettes, and hand sanitizer (for sanitation)
- Matches
- Whistle
- Rain gear and extra clothes
- Jumper cables
- Life Hammer or other emergency hammer (to safely shatter windows and escape from your car)
- Brightly-colored (red) cloth (to use as a flag)
- Bottled water
- Canned/prepackaged fruit and nuts and non-electric can opener
- Small shovel and other tools (especially in winter)
- Window scraper (during winter months)
- Extra newspapers for insulation (during winter months)
- Extra set of mittens, socks and a wool cap (during winter months)
- Small sack of kitty litter or sand to generate traction under car wheels (during winter months)

SPECIAL NEEDS OR OTHER ITEMS

FILL IN THE BLANKS WITH YOUR OWN SPECIAL NEEDS EQUIPMENT OR SUPPLIES (SUCH AS A VENTILATOR OR RESPIRATOR, ETC.)

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